

Older Adult Malnutrition: An Interdisciplinary Approach Virtual Conference
Tuesday, May 22, 2018 (12:00 p.m. – 4:30 p.m. Eastern)

Part 1A: Acute and Sub Acute Approaches (12:00 – 1:00 p.m. Eastern)

Part 1A – Section 1: High Quality Malnutrition Care Strategies in Acute-Care Hospitals

Learning objectives:

At the conclusion of this session, participants will be able to

1. State 3 negative outcomes of an inpatient hospital stays for malnourished patients.
2. List at least 3 identification steps for malnourished or at-risk patients in the acute care setting.
3. State 3 positive outcomes associated with successful transitions to health care settings beyond the hospital.

Speaker: Maureen Janowski, RDN, CSG, LDN, FAND

Part 1A – Section 2: Physical Rehabilitation and Management of the Post-ICU Patient: A Multidisciplinary Solution

Learning objectives:

At the conclusion of this session, participants will be able to

1. List the patho-physiological consequences associated with of critical illness and intensive care admissions on physical performance and disability.
2. Explain key clinical patterns related to ICU acquired weakness and validated measures to assess changes in physical performance in the ICU patient.
3. State how a multidisciplinary approach involving physical rehabilitation and dietary interventions may improve patient outcomes during and following ICU admission.

Speaker: Rich Severin, PT, DPT, PhD(c), CCS

Part 1A – Section 3: Together in Care

Learning objectives:

At the conclusion of this session, participants will be able to

1. Describe the process to create a model for transition of care that leverages community-based resources.
2. Identify how to use technology to identify patients social and health needs, gather data and monitor progress.
3. List and discuss different strategies and approaches to fund transition of care services.

Speaker: Stephanie Archer-Smith

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Part 1B: Research and Collaborative Directions (1:00 – 2:00 Eastern)

Part 1B – Section 1: The Most Common Nutrition Diagnoses in the Homebound and Chronically Ill: A Retrospective Analysis of PES Statements

Learning objectives:

At the conclusion of this session, participants will be able to

1. Explain the need for PES statements when serving homebound and chronically ill clients at risk of malnutrition
2. Identify the most common problems and etiologies found in over 1400 clients during one year (2015-2016)
3. Predict the benefits of utilizing and sharing PES Statements to reduce malnutrition

Speaker: Denise Blevins, MS, RDN, LD

Part 1B – Section 2: A Call to Action: Integrating Malnutrition Care into Action Steps for the Decade of Healthy Aging

Learning objectives:

At the conclusion of this session, participants will be able to

1. Describe how the World Health Organization's new definition of healthy aging will impact practitioners
2. List and discuss the 11 ways in which you can support the Decade of Healthy Aging 2020-2030, while impacting the state of malnutrition.
3. Describe how embracing the new definition of healthy aging, and implementing strategies to support it, can change way society perceived its older population.

Speaker: Colin Milner

Part 1B – Section 3: Filling the Gaps: Malnutrition Prevention Through Interdisciplinary Actions

Learning objectives:

At the conclusion of this session, participants will be able to

1. List three ways to combat food insecurity
2. List three disciplines involved in malnutrition prevention besides the dietetic practitioner
3. Describe the role of each of these disciplines in malnutrition prevention

Speaker: Emily Schilling, RDN, LD

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Part 2A: Addressing Health Equity and Policy Directions (2:30 – 3:30 p.m. Eastern)

Part 2A – Section 1: Strengthening Malnutrition Care for Hispanic Older Adults in the Community Setting

Learning objectives:

At the conclusion of this session, participants will be able to

1. Quantify the projected growth in the size of the Hispanic older population in the U.S.
2. Describe at least 4 factors that potentially contribute to a greater risk for malnutrition in Hispanic older adults
3. Outline at least 4 opportunities to strengthen community-based services for Hispanic older adults.

Speaker: Mary Beth Arensberg, PhD, RDN, LDN, FAND

Part 2A – Section 2: Using Theory to Understand Determinants of Nutritional Outcomes in Older Adults: An Example from M. Powell Lawton’s Work on the Environmental Press Theory

Learning objectives:

At the conclusion of this session, participants will be able to

1. Discuss ecological theory in the context of nutrition-related issues.
2. Describe the application of the environmental press theory for nutrition-related issues.
3. Discuss the importance of theory for understanding determinants of nutritional outcomes in older adults.

Speaker: David R. Buys, PhD, MSPH, CPH

Part 2A – Section 3: Combatting Older Adult Malnutrition: What You Can Do to Change State Policy

Learning objectives:

At the conclusion of this session, participants will be able to

1. Describe the general work of state malnutrition-prevention commissions
2. Detail the successfully-passed Virginia bill on malnutrition
3. Determine appropriate strategies to use in their state of residence to advocate for malnutrition policy

Speaker: Meredith Ponder Whitmire

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Part 2B: Emerging Community Approaches (12:30 – 1:30 p.m. Pacific)

Part 2B – Section 1: Malnutrition Care Planning Post Hospital Discharge: Community-Based Senior Nutrition Programs and Social Services Can Effectively Support Older Adults

Learning objectives:

At the conclusion of this session, participants will be able to

1. List at least one screening tool which community-based organizations can use to identify older adults at risk for malnutrition.
2. Identify three or more services which community-based organizations can implement to support and treat older adults with malnutrition.
3. Describe the role social service and allied professionals can play in identifying and treating malnutrition in community settings.

Speaker: Judy Simon, MS, RD, LDN

Part 2B – Section 2: Addressing Malnutrition Through Enhancing Autonomy and Choice

Learning objectives:

At the conclusion of this session, participants will be able to

1. Describe the loss of control over various aspects of life that accompanies aging, including food choice and consumption, can be very painful for seniors.
2. Discuss the fact that choice has been shown to have a positive impact on intrinsic motivation.
3. Describe the impact that when choice is available, most people exercise their ability to choose their own foods.

Speaker: Catherine Macpherson, MS, RDN

Part 2B – Section 3: Advancing the Quality of Malnutrition Care for Older Adults Through Community Prevention and Response

Learning objectives:

At the conclusion of this session, participants will be able to

1. Recognize the importance of addressing social risk factors that contribute to and exacerbate malnutrition.
2. Discuss examples of existing community-based programs and services that could be leveraged to help identify, address, and prevent malnutrition among community-dwelling older adults
3. Identify opportunities to improve coordination between clinical and community settings to better support at risk or malnourished community-dwelling older adults.

Speaker: Jessa Engelberg, PhD