



May 6, 2020 12-2pm EST (9am PT, 10am MT, 11am CT)

May 13, 2020 12-2pm EST (9am PT, 10am MT, 11am CT)

## **Session 1: May 6, 2020 12-2pm EST (9am PT, 10am MT, 11am CT)**

### **End of Life Legal and Ethical Challenges**

Learning Objectives:

*At the conclusion of this session, participants will be able to:*

1. Define differences between end of life directives.
2. Apply the code of ethics to a case study involving not feeding a patient.

**Speaker:** Dianne Polly, JD, RDN, LDN, FAND

### **The Spectrum of Care at End of Life: The Role of Hospice and Palliative Intervention**

Learning Objectives:

*At the conclusion of this session, participants will be able to:*

1. Compare and contrast palliative care and hospice.
2. Identify indications for admission to palliative care and hospice.
3. Describe the role of the interdisciplinary team in the management of serious, terminal illness.

**Speaker:** Karen Muller, PhD, DPT, PT

### **Nutrition and Stages of the Dying Process**

Learning Objectives:

*At the conclusion of this session, participants will be able to:*

1. Discuss the differing nutrition needs of Patients/Residents depending on their stage in the dying process.
2. Address ethical concerns with hospice nutrition.

**Speaker:** Cassandra Whitmore, RD, LMNT

## **Session 2: May 13, 2020 12-2pm EST (9am PT, 10am MT, 11am CT)**

### **End of Life - Aging Gracefully at Home**

Learning Objectives:

*At the conclusion of this session, participants will be able to:*

1. Describe different types of long-term care settings and levels of care.
2. Determine how the RDN can have a role in keeping aging seniors at home.
3. Identify steps required to support the dying patient at home.

**Speaker:** Angel Planells, MS, RDN, CD, FAND

### **End of Life Nutrition is More than Nutrients**

Learning Objectives:

*At the conclusion of this session, participants will be able to:*

1. Understand the ethical role of the dietitian in treating a person at the end of life.
2. Understand the emotional /social connection between food and end of life nutrition.
3. List practical dietary interventions to treat symptoms of end of life.

**Speaker:** Beverly Bixby, RD

### **How to Make Uncomfortable Conversations Comfortable**

Learning Objectives:

*At the conclusion of this session, participants will be able to:*

1. "Listen for Cues": recognize when the cause of tension may be due to families or clients missing important information.
2. "Here's What I Know": start an objective conversation using what you know and staying in your area of practice.
3. "This is How This Applies To You": address common misconceptions with adding to tension.
4. "This is What We Should Do Together": end the conversation with a plan for follow up, collaboration, and referrals.

**Speaker:** Janie Shelburn, BS, CMC