



Long Term Care Update - The Role of Nutrition in Promoting Positive Outcomes

September 24 &
September 25, 2010

Cooper Aerobic
Center,
Conference
Center and Spa
12230 Preston Road,
Dallas, Texas

Presented by the
Texas Consultant
Dietitians
in
Health Care Facilities



Sharon Leppert

6221 Trailwood Drive

Plan, TX 75024

REGISTRATION

Attendee (s): _____

Organization: _____ Phone: _____

Check Number _____ Amount: _____ RD _____ CDM _____ Other _____

Early Bird Member by 9/1/3/10 \$95. Non-Member: \$120 Dietary Manager: \$75

At the door: \$120 _____ enclosed is my annual membership fee: \$25

Mail check and registration form to: Jo Salmon—1111 Yates Drive, Long View, TX 75601

Make checks payable to TX-CD-HCF Questions: 972-849-2447

AGENDA

FRIDAY 9/24/10

- 3:30- 4:00 pm Registration
- 4:00 pm Welcome
- 4:05 - 5:30 pm CMS—Revised Interpretive Guidelines for F325 and F 371, Debie Nelson, RN, Director Region 3 Regulatory Services, DADS. Q&A Tele-conference with RD federal surveyor.
- 5:30 - 6:00 pm Update from Dietitians in Health Care Facilities (DHCC) a Dietetic Practice Group of the American Dietetic Association
- 6:00 pm Business Meeting and Member Reception

CONFERENCE OBJECTIVES

Workshop participants will be able to:

- ◇ Apply appropriate nutrition interventions for the prevention and treatment of pressure ulcers
- ◇ Counsel individuals on evidence based outcomes relating to tube feeding.
- ◇ Apply evidence based research related to successful adult weight loss
- ◇ Apply evidenced based research to Vitamin D deficiency and supplementation
- ◇ Utilize the assessment process to help prevent nutrition related poor outcomes

AGENDA

SATURDAY 9/25/10

- 8:00 -8:30 Registration & light Breakfast
- 8:30- Welcome
- 8:35 -10:05 Under Pressure! Nutrition Solutions for Ulcers, Becky Dorner, RD
- 10:05 - 10:20 Stretch & hydrate Break
- 10:20 - 11:20 To Tube or Not to Tube; a Multi-Faceted Decision, Kathryn Cortes, MS, RD, LD
- 11:20 - 12:20 The ABCs of Vitamin D and Its Impact on the Health Status of Older Adults, Bernadette Latson, MS, RD, LD
- 12:20 - 1:30 Lunch Break
- 1:30 - 3:00 The Obesity Challenge: Aging, Obesity and Long Term Care, Becky Dorner, RD, LD
- 3:00 - 4:00 Assess to Prevent: Impact Your Visibility, Utilization, and the Bottom line, Berette Hart, MS, RD, LD
- 4:00 - 4:30 Question and Answer



Knowing is not enough, we must apply.
Being willing is not enough, we must do.
Leonardo Da Vinci

HOTEL AND CONFERENCE ACCOMODATIONS

Accommodations are available at the Cooper Guest Lodge Hotel:

Single: \$129

Double (2person): \$139 (two double beds)

Call 800-444-5187: mention TX-CD-HCF to receive the group rate. Please make reservations on or before August 24th. After that time unused block rooms will be released and group rates can not be guaranteed.

Conference attendance is limited. Register early to reserve you space.

The Cooper Guest Lodge Hotel, Conference Center, and Spa is located at 12230 Preston Road, Dallas, TX 75230 (Approximately three quarter miles south of US Hwy 635 on Preston Road)

Requested:

8 CPE Units (Continuing Professional Education) the Commission on Dietetic Registration and

8 CE Hours (Continuing Education) from the Dietary Managers Association

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